

Wine Country 4 Day Multi-Sport Tour



GETAWAY ADVENTURES

The Wine Country's Premier
Adventure Tour Operator

Multi-Sport Tour

Enjoy biking, hiking, and kayaking in 3 of the most beautiful places in the Wine Country.

Tour includes: 3 nights hotel, 2 dinners, 3 Wine Country picnic lunches, 3 continental breakfasts, bike & helmet rental, Getaway Adventures t-shirt and water bottle, and an experienced local guide.

Call for available dates
All tours Sunday-Wednesday

Price:
(4 days/3 nights)

\$1539 per person (based on
double occupancy)
Single supplement: \$469

www.getawayadventures.com
or call our Event Planners at
1-800-499-BIKE



Bike, Hike, and Kayak

Our Multi-Sport Tour is perfect for anyone who wants to experience as much of the Wine Country as possible in four days. Whether you are an adrenaline junkie or you just want to relax and see the sights, this tour will exceed your expectations. Bike along vineyards in the world famous Napa Valley, kayak along the lush, scenic Russian River, and hike along the Sonoma Coast, arguably the most dramatic portion of the California coastline.

Day 1 (Sunday) - Arrival

We meet you in Calistoga for a bike fitting and introduction, and we help you check in to the hotel. Early arrivals have the option of a self-guided warm-up ride. Your guide will have a folder for you with information about the upcoming activities, as well as dinner reservation information. Walk around Calistoga, known as the "Hot Springs of the West." Check out the quaint downtown, the Sharpsteen Museum, Old Faithful Geyser, or let us help you schedule a soothing mud bath or spa treatment.

Accommodation: Mt. View Hotel & Spa
Dinner: Work with your Tour Planner to choose from many dining options, including Asian-fusion, bistro, or American.

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Day 2 (Monday) - Calistoga Sip 'N Cycle

Today we'll visit some wonderful off-the-beaten-path wineries in the northern Napa Valley. We ride along small country lanes, taking in the mountain vistas and acres of grape vines. We visit family wineries where you'll enjoy intimate tastings as well as more modern wineries that combine a love of wine and art. Along the way your guide will talk to you about how the grapes are made into wine. At one of the 3-5 wineries we visit, we will stop for a gourmet picnic lunch under the shady trees. The ride is a flat 20 mile loop.

Accommodation: Mt. View Hotel & Spa

Dinner: Dinner tonight is on your own. Please ask your guide or concierge for recommendations.

Day 3 (Tuesday) - Russian River Kayak

Relax as we enjoy a beautiful paddle down the Russian River in our comfortable sit-on-top kayaks. The water is warm and clear with occasional Class I rapids (easy for advanced kayakers and exciting for novices). Egrets, herons, osprey, and hawks abound, soaring gracefully overhead. Keep your eyes open and you may catch sight of a darting fish or a lounging sea otter. Midway down the river we will stop for a picnic lunch on one of the many beaches. This is the perfect opportunity to take a dip in the sparkling, clear water.

After our kayak, we hop in the van for a quick ride to the small, historic town of Occidental, located in a narrow valley just over the hills from the coast. We allow plenty of time to explore the boutiques and quaint downtown area. For those who want a unique spa experience, ask us to book a cedar enzyme bath at the local spa; it is the only spa in the US to offer this special treatment.

Accommodation: Inn at Occidental

Dinner: We will dine as a group at a delightful Occidental bistro.

Day 4 (Wednesday) - Sonoma Coastal Hike

Nature lovers will be in heaven today as we trek along the dramatic, cliff-lined Pacific Coast. We enjoy amazing bird-watching, seeing egrets, herons, pelicans, sandpipers, and cormorants. At Bodega Head we may be lucky enough to see migrating whales as we make our way down towards the pounding surf to see the mussels, goose neck barnacles, and sea palms in the many tide pools. Lunch will be a picnic at a great vista point with views up and down the coastline. Along the beach, harbor seals and elephant seals relax lazily in the sun and splash playfully in the water. Let us know if you prefer a relaxed hike or a more intense hike, as we will customize the day to your interests.

Our day ends around 2:30pm to allow you to collect your belongings and ensure you arrive on time for any return travel plans. We bid you farewell and hope to have the pleasure of seeing you on a future tour!